



Adventures in Living



➤ NOVEMBER 2011

Idaho Ski Resorts Offer Youth-friendly Features

Idaho has 18 ski resorts dotting the state, all offering fabulous snow, bluebird skies and brilliant sunshine. Less crowded than many resorts around the country, Idaho's ski areas are easygoing and comfortable – the perfect place for family recreation. Several resorts are putting a major emphasis on the younger skier and boarder, offering special terrain park feature lines and trails just for them.

Sun Valley Resort near Ketchum has added new themed adventure trails designed for skiers and boarders ages six through twelve. Dollar Mountain has a new Progression Park with small, more easily maneuverable features for youngsters just learning to ski and ride. When they've mastered this level, they may move on to the Medium Competition Venue. Finally, the Sun Valley SnowSports School is expanding its Freeride program and will now include training in the terrain park for kids age six through high school.

Grand Targhee Resort near Teton Valley has brought back its terrain park after a few years' hiatus. The new park has upgrades throughout which include a line of features for the younger set. The resort has also added an arcade with video games and a big screen TV.

At **Silver Mountain** near Kellogg, young skiers and boarders will enjoy Gold Pan Alley, the resort's newest adventure trail. Silver has the added on-site amenity of a water park, packed with lazy floats, slides and play areas. When you've mastered the snow, head indoors and give the Flowmaster surf wave a try.

Tamarack Resort near Donnelly has also upgraded its terrain park, adding features for younger riders in the Discovery learning area.

For a change from the downhill slopes, consider snow tubing. This action-packed, family friendly activity can be found at **Bogus Basin Mountain Recreation Area** near Boise, **Schweitzer Mountain** and **Grand Targhee** resorts.

Visit www.visitidaho.org for more Idaho winter activity suggestions.

Idaho Holiday Foods

The holidays are just around the corner, so how about some new recipe ideas using Idaho-grown products? Our state is well-known for the wide variety of foods produced here, including fruits, vegetables, grains, wine and meats. Here are two great recipes sure to liven up your next holiday party. Visit www.idahopreferred.com for more ideas!

Pumpkin or Squash Soup

- 1 small (5 lb) pumpkin OR ½ of a medium banana squash (Idaho grown, of course)
- 1 tablespoon canola oil
- 2 medium stalks celery (chopped)
- 1 medium onion (chopped)
- 1 teaspoon ground cumin
- ¼ teaspoon chili powder
- Salt and Pepper
- 3 ½ cups chicken or turkey broth
- ½ cup water

1. Cut pumpkin or squash in quarters and remove seeds. Place pumpkin/squash cut side down on jelly roll pan that has been coated with cooking spray. Cover with aluminum foil and bake in 400° oven for about 45 minutes or until very tender when pierced. Cool. Remove skin and place in large bowl.
2. In large saucepan, heat oil over medium heat. Add celery and onion and cook approximately 10 minutes. Stir in cumin, chili, salt and pepper. Add broth, water and pumpkin/squash to saucepan; heat to boiling. Reduce heat and simmer 10 minutes.
3. Pour half of soup mixture into a food processor and blend until pureed. Repeat with remaining soup mixture. Pour all soup into tureen and keep warm. Garnish with roasted pumpkin seeds or fresh chives if desired.

Source: Idaho Preferred www.idahopreferred.com

Baked Apples

- 4 large baking apples, such as Rome, Jonathan, Golden Delicious or Jonagold apples.
- ½ cup brown sugar
- 1 teaspoon cinnamon
- 1/4 cup chopped pecans (optional or use another nut)
- 1/4 cup currants or chopped raisins
- 1 Tbsp butter
- 3/4 cup boiling water

1. Preheat oven to 375°F. Wash apples. Remove cores to 1/2 inch of the bottom of the apples. It helps if you have an apple corer, but if not, you can use a paring knife to cut out first the stem area, and then the core. Use a spoon to dig out the seeds. Make the holes about 3/4-inch to an inch wide.
2. In a small bowl, combine the sugar, cinnamon, currants/raisins and pecans. Place apples in a 8-inch-by-8-inch square baking pan. Stuff each apple with this mixture. Top with a dot of butter (1/4 of the Tbsp).
3. Add boiling water to the baking pan. Bake 30-40 minutes, until tender, but not mushy. Remove from the oven and baste the apples several times with the pan juices. Serve with vanilla ice cream on the side.

Source: Idaho Preferred www.idahopreferred.com

Idaho Winter Sweepstakes



Idaho winters promise bluebird skies, rays of sunshine, fantastic snow and spectacular skiing and boarding. [Idaho Tourism](http://IdahoTourism) and [Ski Idaho](http://SkiIdaho) want to give everyone a chance to experience the soul of skiing. Beginning October 21st and running through early March 2012, visit www.idahowinter.org to enter to win Idaho winter getaways. New offers are available every Friday and you can enter online through email, Facebook and Twitter. See www.idahowinter.org for complete offer information and to register today.

Never miss a powder day again!

Be the first to know when the white flakes fall in Idaho. Text IdahoWinter to 90210 for updates on snow conditions at Idaho's ski areas or visit www.skiidaho.us/conditions.

UPCOMING EVENTS

[Clearwater-Snake Steelhead Derby](#)
Nov. 4-12
Riggins, ID

[Sandpoint Films Festival](#)
Nov. 5
Sandpoint, ID

[Eagle Holiday Bazaar](#)
Nov. 5-6
Eagle, ID

[Smithsonian Exhibit/The Way We Worked](#)
Nov. 5 - Dec. 18
Hours & days vary
McCall, ID

[Toni Childs in Concert](#)
Nov. 11
Ketchum, ID

[Canandaigua Christkindl Market](#)
Nov. 11-13
Victor, ID

[3rd Annual Veterans Memorial Ceremony](#)
Nov. 11
Rexburg, ID

[Sippin' in the City](#)
Nov. 17
Linen Building, Boise, ID

[Winter Wonderland in Caldwell](#)
Nov. 18
Caldwell, ID

[Bird Walk at the Kootenai National Wildlife Refuge](#)
Nov. 19, 9:00am
Bonners Ferry, ID

[Boise Holiday Parade](#)
Nov. 19
Boise, ID

[Art at the Hampton](#)
Nov. 19
Mountain Home, ID

[Winter Wine Rodeo & Holiday Gift Show](#)
Nov. 19-20
Coeur d'Alene, ID

[St. Alphonsus Festival of Trees](#)
Nov. 23-27
Boise, ID

[Idaho Botanical Gardens Winter Garden aGlow](#)
Nov. 24-27; Dec. 2-31
Boise, ID

[Christmas Parade & Lighting Ceremony](#)
Nov. 25
Coeur d'Alene, ID

[Ring in the Holidays Celebration & Night Lights Parade](#)
Nov. 25
Pocatello, ID

[Holiday Art Show](#)
Nov. 25-26
Shore Lodge, McCall, ID

[Festival of Trees](#)
Nov. 25-28
Coeur d'Alene, ID

[Thunder Mountain Line's North Pole Express](#)
Nov. 25-Dec. 23
Horseshoe Bend, ID

[Holidays in Sandpoint](#)
Nov. 25-Jan. 1
Sandpoint, ID

[Holiday Tree Lighting in Downtown Boise](#)
Nov. 26
Boise, ID

[Holiday Faire](#)
Nov. 26
Glenns Ferry, ID

[Magic Valley Holiday Food & Gift Festival](#)
Nov. 26-27
Filer, ID

[Fantasy Lake Cruise to the North Pole](#)
Nov. 26-Jan. 2
Coeur d'Alene, ID

[Coeur d'Alene Resort Holiday Light Show](#)
Nov. 26-Jan. 2
Coeur d'Alene, ID

