



**MAY 2011  
WHITEWATER RAFTING-  
FAVORITE DAY TRIPS**

Idaho has more whitewater than any state in the lower 48, and is truly an enthusiast's destination of choice. We are expecting a banner year for water. So whether you are looking for an exciting family trip or a gnarly roller coaster, Idaho's rivers and professional outfitters offer the water action you seek. Try a day trip on one of the rivers featured below or [click here](#) for more information on Idaho's many outfitters and multi-day river trips such as Hells Canyon and the Middle Fork of the Salmon.

**St. Joe River** – In the spring, mountain snowmelt brings the St. Joe River to life for exciting Class 2-3 adventures through cedar-lined rocky canyons. Seize the day in May and June when the whitewater is running in the fun zone. The St. Joe River is located in Northern Idaho near Coeur d'Alene.

**Lochsa River** – Lochsa means 'rough waters' in Nez Perce, and it's an appropriate way to describe the experience of running this Class 3-4 river in north-central Idaho. At its best April through early July, the whitewater action, including the thrilling Lochsa Falls, always proves to be fun and eventful.

**Salmon River** – There are three areas in central Idaho where the Salmon River offers Class 2-4 day trips near civilization. In Riggins, loosely dubbed the 'Whitewater Capital of Idaho,' people float the big waves and rapids near U.S. 95. Two more sections provide chills and spills near Stanley and the town of Salmon. Plan your trip between May and September for thrilling whitewater and varied scenery.

**Payette River** – The Payette River, just 45 minutes north of Boise in Southwest Idaho, offers one-day trips on three sections of the river – the North, South and Main. Start out with a family-friendly trip on the Main or the secluded Cabarton stretch, both with Class 2-3 rapids. The South Fork offers an exciting thrill ride with Class 4 rapids.

**Snake River** – As it curves across Southern Idaho, the Snake River features two sections with action-packed whitewater. The Class 4+ Murtaugh and Class 3 Milner sections are great trips when water is available. Act fast, as these thrilling runs are only available in May.

**DEAL OF THE MONTH:  
MOTHER - DAUGHTER  
SHOPPERS GETAWAY**

Mothers Day is Sunday, May 8th, so surprise mom with the perfect boutique combination. Hotel 43's 'Shop 'til you Drop' package lets you spend your day discovering downtown Boise's unique shopping and dining experiences, followed by a night stay in a Capitol Level Room with plush bedding, relaxing robes, wet bar, mini-refrigerator, Keurig coffee maker and Tully's coffee, plus valet parking, a Hotel 43 shopping tote, and a \$60 Downtown Boise Gift Card to use at many of the amazing downtown shops or eateries. [Package details](#). Explore more Idaho mother/daughter vacations, spa packages and girlfriend getaway destinations [here](#).

**SPRING INTO IDAHO  
FARMERS' MARKETS**



Spring is a great time to enjoy the bounty of Idaho. Open-air farmers markets dot the state, offering local and organic fruits, vegetables and meats as well as locally made and natural products such as wine, jams, sauces, cosmetics, jewelry and even pet treats. No matter where you venture in Idaho, you are likely to find something special at the local farmers' market. Celebrate the Year of Idaho Food and include a visit to the markets below as you plan your travel. Or learn more about Idaho's 55 farmers' markets.

**Northern/North Central Idaho**  
Farmers' Market at Sandpoint – Opens May 7, Wednesdays, 3:00-5:00pm; Saturdays, 9:00am-1:00pm  
Kootenai County Farmers' Markets: Hayden market opens May 7, Saturdays, 9:00am-1:30pm  
Moscow Farmers' Market – Opens May 7, Saturdays, 8:00am-1:00pm  
Kooakia/Kamiah Farmers Market - Opens May 7, Saturdays, 9:00am - 1:00pm  
**Southwest Idaho**  
Cascade Farmers' Market – expected opening June 18, Wednesdays, 10am-6:00pm

**UPCOMING EVENTS**

May is Idaho Archaeology and Historic Preservation Month

Free events and activities are planned throughout the State during the month of May.

**BODIES...The Exhibition at the Museum of Idaho**

runs through October 5  
Idaho Falls, Idaho

**Modern Art**

May 5, 2011  
Boise, Idaho

**Depot Days**

May 6-7, 2011  
Wallace, Idaho

**El Korah Annual Wine Tasting**

May 7, 2011  
Boise, Idaho

**Riggins Rodeo**

May 7-8, 2011  
Riggins, Idaho

**Snake River Birds of Prey Festival**

May 13-15, 2011  
Kuna, Idaho

**Trout Unlimited Fly Casting Tournament**

May 14, 2011  
Eagle, Idaho

**Idaho Green Expo**

May 14-15, 2011  
Boise, Idaho

**Boise Bike Week**

Multiple Locations  
May 15-21, 2011  
Boise, Idaho

**Lost in the '50s' - Sandpoint's Biggest Party of the Year**

May 19-22, 2011  
Sandpoint, Idaho

**Crazee Daze Carnival**

May 19-23, 2011  
Mountain Home, Idaho

**Boise Philharmonic Classical Series "Season Finale"**

Nampa - May 20, 2011  
Boise - May 21, 2011  
Nampa/Boise, Idaho

**Weippe Camas Festival**

May 20-22, 2011  
Weippe, Idaho

**Boise River Revival**

May 21, 2011  
Boise, Idaho

**The Community Progressive**

May 21, 2011  
Boise, Idaho

**Snake River Fiber Fair**

May 22-23, 2011  
Idaho Falls, Idaho

**St Anthony's Free Fisherman's Breakfast**

May 27, 2011  
St. Anthony, Idaho

**Sun Valley Wellness Festival**

May 27-30, 2011

Eagle Saturday Market – Open. Saturdays, 9:00am-1:00pm  
 Eastern/Southeastern Idaho  
 Teton Valley Farmers' Market – Opens June 24. Fridays, 9:00am-2:00pm  
 Idaho Falls Farmers' Market – Open. Saturdays, 9:00am-1:00pm  
 Portneuf Valley Farmers' Market (Pocatello) – Open. Saturdays, 9:00am-1:00pm & Wednesdays 4:00-8:00pm  
 Oregon Trail Farmers' Market (Soda Springs) – Opens June 1. Wednesdays, 3:00-6:00pm  
 Central/South Central Idaho  
 Ketchum Farmers' Market – Opens June 16. Tuesdays, 2:30-6:00pm  
 Challis Community Farmers' Market – Opens June 4. Saturdays, 9:00am-1:00pm  
 Twin Falls Farmers' Market – Opens May 14. Saturdays, 9:00am-1:00pm.  
 Lincoln Crossroad's Farmers' Market – Opens June 17. Fridays 3:00-7:00pm

Sun Valley, Idaho

**Pocatello 50 Mile Trail Run**

May 28, 2011  
 Pocatello, ID

**Summer Sounds at Park Place**

May 28, 2011  
 Sandpoint, Idaho

**Lecha River Run and Memorial Day Madness!**

May 28-30, 2011  
 Lowell, Idaho

**American Hero Weekend at Silverwood Theme Park**

May 29-30, 2011  
 Athol, Idaho

**VISITIDAHO.ORG - FIRST STOP FOR IDAHO VACATION PLANNING**

**IDAHO** Where can you turn to plan your Idaho vacation? VisitIdaho.org, and now it has a brand-new look. The site features brilliant, seasonally rotating background images with a comprehensive home page reflecting Idaho's tag line, Adventures in Living. It includes links to database entries, maps, news and events, a tourism blog, a newsletter, photo and video library, and 360 degree virtual tours. Users can easily navigate the site, and have the ability to search for lodging, activities and events by location. Graphic icons at the very top of the home page give one-click access to specialty pages including Idaho Winter, Idaho Golf Trail, Idaho Whitewater, Idaho Scenic Byways and more. It is also easy to connect to Idaho Tourism's social network: Twitter, Facebook, YouTube, Flickr and Everlater.

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